

# U PDATE

NAVY LEAGUE  
OF THE UNITED STATES  
**ALAMEDA COUNCIL**  
PO BOX 1056 ALAMEDA, CA 94501  
(510) 749-9175

Newsletter of the NLUS  
Alameda Council  
**SPRING**  
**2023**

## “On the Horizon”

-Apr 22 Retiree Council Seminar

-May 6 Spring Region Meeting

-May 24 Spring Adopted Units BBQ

-May 28 Memorial Day Celebration ♦

-Jun 7-11 National Convention—Dallas Texas

-Jun 27-July 4 Fireworks Booth Fundraiser

- ♦ Fly your flag
- ♦♦ Flag at Half-Staff Sunrise to Sunset
- ♦♦♦ Flag at Half-Staff Until Noon

### *Executive Board*

Barb Day	President
Michele Langford	Vice President
Anne Gooch	Treasurer
Mike Smith	Secretary

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Nicole Langford	Website
Barb Day	Newsletter
Ken Langford	Facebook
Kelley Norton	Sea Cadets
Julio Blea	Ships Liaison

### *Inquiries:*

**AlamedaNLUS@gmail.com**

### “View From The Bridge”

Barb Day, President

#### Message from the NLUS Alameda Council President

Hello Fellow Navy Leaguers,

I hope you are able to read through and enjoy this edition of the “Update”

The 12th Annual Crab Feed was a whopping success!!! We had a great evening of comradery and fantastically fresh and delicious crab from Alameda’s own, JP Seafood. We were able to raise a record amount of funds to continue supporting our adopted units, active duty families, as well as having the ability to support special outreach events. If you missed this year’s Crab Feed make sure to look for information for next year. We are looking at scheduling it for Early March again. Hope to see you there.

I’m hoping everyone will take the opportunity to participate in one of the upcoming events. You can make a difference for our active duty sea service men and women by helping out.

Hope everyone has a great Spring! And look for our next issue of the “Update” so you can get and stay involved.

Best,  
Barb Day  
Alameda Council President

For more information or to join the **Alameda Council** of the Navy League of the United States find us at



[www.alamedanavyleague.org](http://www.alamedanavyleague.org)



<https://www.Facebook.com/AlamedaNavyLeague>



National Convention 2023 will be held in Dallas Texas June 7-11.

For: Information—Registration— Group Rate Hotel Room

<https://www.navyleague.org/meetings-and-events/national-convention/>



## Center for Maritime Strategy

A Partnership with the Navy League of the United States



Admiral James G. Foggo,  
U.S. Navy (Ret.)  
Dean, Center for Maritime Strategy

**Admiral James G. Foggo**, U.S. Navy (ret.), is the Dean of the Center for Maritime Strategy. He is a 1981 graduate of the U.S. Naval Academy. ADM Foggo is also an Olmsted Scholar and Moreau Scholar, earning a Master of Public Administration at Harvard University and a Diploma d'Etudes Approfondies in Defense and Strategic Studies from the University of Strasbourg, France. He commanded the attack submarine USS *Oklahoma City* (SSN 723) in 1998, which was awarded the Submarine Squadron 8 Battle Efficiency “E” award and the Admiral Arleigh Burke Fleet Trophy, for being the most improved ship in the Atlantic Fleet.

Following command of USS *Oklahoma City*, he would go on to command eight more times to include: Submarine Squadron 6 in Norfolk, Virginia; Submarine Group 8; Allied Submarines South; the U.S. 6th Fleet; Allied Striking and Support Forces NATO; Naval Forces Europe; Naval Forces Africa; and Allied Joint Forces Command (NATO), all headquartered in Naples, Italy. During these command tours, he participated in combat operations as the Operations Officer for Joint Task Force Odyssey Dawn (Libya) in 2011 and Commander Naval Forces Europe for strike operations against Syrian chemical weapons sites in April 2018.

Throughout his career, Foggo has been a champion of the Navy as an extended arm of diplomacy. He maintained close relationships with the U.S. ambassadors in his area of responsibility from Europe to Africa and into the Middle East. He sponsored numerous regional ambassadors conferences at his headquarters in Naples to address security challenges in the Balkans, Mediterranean and the Black Sea regions. Throughout 2021, he taught a seminar at the Foreign Service Institute on civil-military relations for rising foreign service officers. In November 2021, Foggo was named to the American Academy of Diplomacy as one of a handful of retired flag officers who serve alongside more than 200 retired ambassadors with the common goal of enhancing American diplomacy around the globe.

Foggo is a Distinguished Fellow of the Center for European Policy Analysis and a Distinguished Fellow of the Council on Competitiveness. He is a member of the board of directors of the Olmsted Foundation and the Naval Historical Foundation. He occupies a seat on the editorial board of the Marine Corps University in Quantico, Virginia. He is also a member of the Council on Foreign Relations and the Explorer’s Club of New York. Admiral Foggo sits on the Senior Military Advisors Group at the United States Institute of Peace.

For more information about the Center for Maritime Strategy go to: <https://centerformaritimestrategy.org/>



Navy League of the United States  
Citizens in Support of Sea Services

## *Pacific Central Region Members Meeting*

Hosted by the Contra Costa Council

Saturday, May 6, 2023

8:45am - 9:15am Breakfast Social

9:15am - 3:00pm Meeting & Lunch

*Coast Guard Sector San Francisco  
1 Yerba Buena Island  
Yerba Buena Island Northgate Road  
San Francisco, CA 94130*

RSVP by 30 April to [MicheleMLangford@aol.com](mailto:MicheleMLangford@aol.com) or (510)749-9175

**Cost: \$20**

Advance payment via check – payable to Pacific Central Region

*Mail to: 1228 High Street, Alameda, CA 94501*

-or-

Pay the day of the event; RSVP required.

*If you plan to attend, we must provide the following to Sector San Francisco before the event.*

**Name**

**COVID Vaccination Status**

**Driver's License or state ID number**

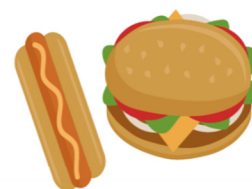
**Vehicle make/model/license plate**

Please contact Pam Speka @ (925)818-1138 or via email, [PamSpeka1964@gmail.com](mailto:PamSpeka1964@gmail.com) to provide your information.

## Upcoming Council Events



### Joint Councils Adopted Units BBQ at the Chief's Hut On Coast Guard Island



Wednesday, May 24, 2023  
1130-1300

We'll be inviting the members of our Navy League Councils'  
Adopted Units  
for Lunch and Laughs  
To say "Thanks for your Service"



WE NEED VOLUNTEERS to help set up, serve, & clean up  
For details on how you can help contact POC Michele Langford  
Email: [Michelemlangford@aol.com](mailto:Michelemlangford@aol.com)  
Or contact your council representative



### *Fireworks Booth Fundraiser Volunteer Opportunity*



Alameda Council is participating in a Fireworks Booth in Dublin. If you volunteer to work one (or more) shifts at the booth your efforts go to raise funds for the Alameda Council NLUS so that we can continue to support our Adopted Units, Sponsored Units and Sea Going Services.

The Booth will need staffing from Monday, June 27<sup>th</sup> through Wednesday, July 4<sup>th</sup>, please look for an email from the council for more details on how to sign up to volunteer. If you have any questions please reach out to Barb Day at [barb.day.ca@gmail.com](mailto:barb.day.ca@gmail.com) or cell # 510-427-0072, or email the Alameda Council at [alamedanlus@gmail.com](mailto:alamedanlus@gmail.com)



### Memorial Day Ceremony Alameda Memorial Veterans Park 11am, Monday May 28th 2018

on behalf of the  
Alameda Council NLUS members!

The Alameda Council Navy League will continue their tradition of presenting a commemorative wreath in remembrance of U.S. veterans who gave the ultimate sacrifice in service to their country at the Alameda Memorial Day Ceremony.



The ceremony starts at 11am on Memorial Day  
Monday, May 28<sup>th</sup>, 2023

# ALL SERVICES RETIREE SEMINAR



Presented by the  
Northern California Coast Guard Retiree Council

**SATURDAY: 22 April 2023**

**GRESHAM HALL - COAST GUARD ISLAND, ALAMEDA, CA**  
(Military ID Card Required at the Gate)  
**0730-0800 hrs: REGISTRATION & Continental Breakfast**  
**0800-1200 hrs: Speakers & Presentations on the following subjects of interest:**

Tri-Care and Tri-Care for Life - Retiree Legal Issues  
Fraud and Identity Theft Protection - Space "A" Travel Recent  
Legislation Affecting Military Retirees  
*and more!!*

Information Tables from a variety of organizations of interest to retirees will be available from 0800-1300hrs.

**ALL U.S. Military Services ID Cards - and DEERS Update Services** - are available starting at 0800 hrs in Bldg 21. For more information call (510)437-5648

*Seminar Reservation is NOT required. Spouses are Welcome!*

**LUNCH Reservations ARE REQUIRED for the Coast Guard Galley after the Seminar. PAY \$7.70 CASH PER PERSON AT THE GALLEY ENTRANCE.**

For Lunch Reservations, contact MCPO David Swanson, USCG (ret) at: [ddswanson@msn.com](mailto:ddswanson@msn.com) or Call 510-390-6312 (Leave a message)



## Navy League Announces Active Duty Membership

All Service Members Now Eligible to Join Organization



## A Powerful Resource for Active-Duty Members

The Navy League of the United States membership program provides active-duty service members with benefits that serve them at every phase of their career and life.

Transition Assistance	Community	Member Benefits
Scholarships	Giving Back	

## Your Next Mission

When you become a member of the Navy League, you are ensuring that your time in uniform is not the only time in your life where your drive to serve a greater purpose was met. Enrolling prior to your retirement will create a seamless transition, where you and your family will have strong community ties anywhere, with 200 councils ready to help. Through national and local programs, the Navy League of the United States provides a powerful voice to educate the public and Congress on the importance of our sea services to our nation's defense, well-being and economic prosperity.

To Join Scan the QR Code and Select Alameda Council.

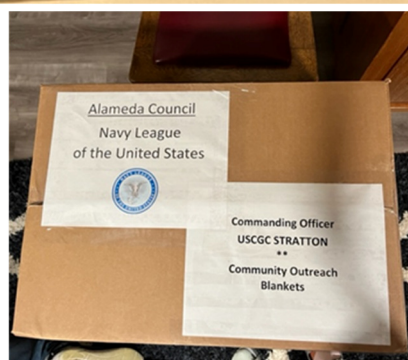
## Council News

### Alameda Council Supports Coast Guard Cutters' International Deployments

The Alameda Council, NLUS was contacted to help support the Community Outreach portion of both the USCGC Bertholf and USCGC Stratton upcoming deployments. Both cutters will be interacting with local communities during their international engagements. These cutters are not adopted units of the Alameda Council, but we will step up to the plate to support any unit going underway. We reached out to who supply Blankets and Books for the cutters to hand out to members of the local communities when they are in port there.

Pictured at top left: Members of the Alameda Council got together and packed up boxes of blankets and books to deliver to both the USCGC Bertholf and USCGC Stratton.

Pictured at bottom left: Boxed up Blankets and Books sealed and labeled, ready for delivery to the ships.



## 12th Annual Joint Council Crab Feed

The 12<sup>th</sup> Annual Oakland - Alameda Joint Council Crab Feed was held on Friday, March 3, 2023 at the Elks Lodge in Alameda and was once again one of our great events of the year. It was a packed house!!!!

The Grey Ghost Division Sea Cadets provided the Color Guard Ceremony to start the evening off and then did a great job serving dinner to almost 150 people. A big thanks to the Sea Cadets... We could not put this event on without their help and participation.

The evening consisted of a great meal with “delicious Dungeness crab” and a mad dash dessert auction. There was a variety of great items that made up the live auction, silent auction, and raffle prize fundraising portion of the evening that did not disappoint. Winning bidders and ticket holders got great stuff at bargain prices, while helping the Alameda and Oakland Councils fundraise a record amount to support our local sea service units.



# Earn More with a SeaWest Certificate



SeaWest offers one of the easiest, safest ways to invest. Your money can grow safely at a higher rate of return with a SeaWest term certificate. And that rate of return is **100% guaranteed!**

Simply leave your money untouched for a specific amount of time (or term) and we'll reward you with a **stellar** dividend rate. You pick the time frame that works best for you, then sit back and watch your money add up.



**NOW is a great time to invest!**  
**Higher Rates on 12-month Certificates.**

**PLUS** — take advantage of the *exclusive* SeaWest **Rate Bump** option.

- For certificates 2 years or longer: When rates rise again, just call us. We'll increase your certificate to the current offered rate.\* 
- For 5 year certificates, take advantage of higher rates by adding to your original deposit.\*\* 

**Worry Free Withdrawals:** Easy and flexible ways to access your certificate funds if you need them:  
> Our early withdrawal penalty is the industry's **lowest**.  
> Or borrow against the balance at a rate just 2 points above the certificate rate.

\*2 Year+ Certificates: One time rate increase for balances of \$2500 or more.  
\*\*5 Year Certificates: Option to add to your certificate once during the term.



NMLSR ID 480397

## Adopted Units Updates

### US Coast Guard District 11



#### USCG District 11 Presents Enlisted Person of the Quarter and Civilian of the Quarter

OS1 Thomas Richards was selected as the D11 Enlisted Person of the Quarter for her outstanding performance.

Mr. Benjamin Perry-Thistle was selected as the D11 Civilian of the Quarter for his outstanding performance.

The USCG District 11 held their All Hands on 24 March 2023. Janie Thomas, an Alameda Council member attended and presented Council Certificates of Appreciation, Council Challenge Coins and \$50 check to thank them for their outstanding commitment to excellence and their service to our country.

### USCG Maritime Intelligence Fusion Center Pacific (MIFC PAC)

#### Alameda Council, Navy League of the US, honors MIFC PAC Enlisted Person of the Year



IS1 Jeremy Nale is commended for his selection as 2022 Maritime Intelligence Fusion Center Pacific (MIFC PAC) Enlisted Person of the Year. IS1 Nale consistently demonstrated outstanding leadership and initiative by skillfully mentoring and training personnel at MIFC PAC Living Marine Resources (LMR).

Pictured at left: Michele Langford, Alameda Council Vice President, presented IS1 Jeremy Nale with a Certificate of Appreciate, Council Challenge Coin and \$50 check to thank him for his outstanding commitment to excellence and service to our country.

## Adopted Units Updates (cont'd)

### USCGC Munro (WMSL 755)



The Coast Guard Cutter Munro (WMSL 755) and crew returned home to Alameda, Monday, March 6, 2023, following a 105-day, 10,000-nautical mile Alaska patrol. Munro partnered with NOAA Office of Law Enforcement personnel to conduct 24 boardings of commercial fishing vessels with the goal of enforcing sustainable fishing practices and ensuring compliance with federal regulations. Family and Friends were there to welcome the crew members home. The Alameda and Lake Merritt Councils hosted a refreshment table (pictured at right) for family members as they waited for their loved ones and for the crew members as they disembarked.

### USCGC Waesche (WMSL 751)



#### Coast Guard Cutter Waesche returns home following counternarcotics patrol; \$166M in contraband seized

On 31 March, WAESCHE moored up at Coast Guard Island and was welcomed by friends and family after its first Eastern Pacific counternarcotics patrol in nearly three years. WAESCHE departed for the patrol on 1 January, in the middle of the New Year's atmospheric river weather system and headed south to San Diego where it conducted some final logistics and embarked many of the temporarily attached crewmembers including a deployable team from the Pacific Tactical Law Enforcement Team. WAESCHE departed San Diego and inchooped to Joint Inter-Agency Task Force-South (JIATF-S) on the 7<sup>th</sup> of January. Unfortunately, WAESCHE had a significant engine casualty that forced it to return to San Diego for repairs.

After a few weeks in San Diego and a weeklong shakedown patrol to test the repairs, WAESCHE was able to continue its patrol. WAESCHE embarked its Helicopter Interdiction Squadron (HITRON) aviation detachment and helicopter in El Salvador, and after completing law enforcement work ups, the cutter moored in Panama for its first foreign port call since 2020. Pictured above left: ENS Alex Sinkov guiding in the HITRON helicopter. WAESCHE was moored across from a Navy destroyer, USS FARRAGUT, that was headed to the Eastern Pacific to support JIATF-S (photo above left), and the crew enjoyed some time visiting Panama City. Shortly after departing Panama WAESCHE was diverted to interdict a go fast vessel, stopping the vessel and seizing 3500 pounds of drugs and two smugglers. WAESCHE's planned logistics stop in Costa Rica was delayed, but the crew made good use of the wait by holding a swim call in the 85 degree weather. Following a short stop in Costa Rica, WAESCHE was back out on patrol running south past the equator and working with FARRAGUT and Colombian and Ecuadorian assets. WAESCHE began heading north, conducting a final port call in Huatulco, Mexico, and working with SEMAR, the Mexican Navy in conducting PASSEX (photo above center) and then rendezvoused with USCGC ACTIVE to embark contraband and smugglers seized during their cases to be offloaded in San Diego.

WAESCHE is looking forward to reconnecting with family and friends and spending some time at home. The ship and crew begin a major dockside repair in a few weeks and will start transitioning in a third of the crew this summer during transfer season.





Grey Ghost Division

## Sea Cadet Units Grey Ghost Division and Training Ship Kearsarge



Training Ship Kearsarge

The last couple months have been very busy for Grey Ghost Division and Training Ship Kearsarge!

After attending winter trainings all over the US, cadets jumped right into practicing for the Seaman-ship Challenge.(pictured below). This is actually the first time several of our cadets will get to participate in this event due to it being cancelled since the COVID shutdown in 2020. Some of the challenges the cadets will team up for include close order drill, color guard, an obstacle course, knot tying, and our favorite... “Holy Ship!” which is the damage control simulator provided by Coast Guard Island.



In early March, we were able to assist with the Navy League’s annual Crab Feed (pictured above). The cadets did an awesome job with serving and clean-up. They got to talk to some of the NL members and some former and current service members during their time there. Some wanted to know more about the Sea Cadets and some wanted to know what paths the cadets were wanting to take in life to give some knowledge and advice.

Of course, as soon as we are done wrapping up winter training, summer trainings start to pop up. We are now preparing cadets to once again travel around the state, country, and for some, the world. Grey Ghost Division has a couple of cadets who are applying for the International Exchange Program, which is a very detailed process and only a few cadets and officers are selected every year to go. Some of the other trainings cadets will apply to are STEM/Seaperch/Robotics, Field Operations, Photojournalism, SCUBA, Petty Officer Leadership Academy, and more!

**NAVY LEAGUE OF THE UNITED STATES  
ALAMEDA COUNCIL  
PO BOX 1056  
ALAMEDA, CA 94501**

The Alameda Council is honored to have  
been recognized as a  
Sea Service Adoption Excellence  
Award Winner



[www.navyleague.org](http://www.navyleague.org)

**TIME – DATED MATERIAL  
RETURN SERVICE REQUESTED**

**The Alameda Council Navy League of the United States is supported by the following organizations:  
Community Affiliate:**



**The Navy League of the United States Alameda Council supports the following units and organization:**

**Adopted Units:**

USCG District 11 ♦ USCG Maritime Intelligence Fusion Center Pacific (MIFC PAC)  
USCGC WAESCHE ♦ USCGC MUNRO (in Partnership with Lake Merritt Council)  
USCGC Benjamin Bottoms ♦ USCGC Terrell Horne ♦ USCGC Forrest Rednour ♦ USCGC Robert Ward  
USN Naval Reserve Center Alameda (NRC) ♦ USMC 4th Force Reconnaissance Company Alameda

**Sponsored Units:**

US Naval Sea Cadet Corps Grey Ghost Division  
US Naval Sea Cadet Corps Training Ship Kearsarge

**Partnerships:**

Alameda Naval Air Museum  
East Bay Coast Guard Spouses Club

The Navy League of the United States was founded in 1902 with the encouragement of President Theodore Roosevelt. The Navy League is unique among military-oriented associations in that it is a civilian organization dedicated to the education of our citizens, including our elected officials, and the support of the men and women of the sea services and their families. You need not have served in the military to be a member of the Navy League.

Information contained in this newsletter is intended only to convey information to the members of the Alameda Council, and does not reflect opinions nor official positions of the Council officers, Board of Directors, nor the National organization.